

**PENNSYLVANIA HOSA
FUTURE HEALTH PROFESSIONALS**

2026 PENN HOSA STATE LEADERSHIP CONFERENCE STAFF

PENN HOSA, Inc, Executive Director Dr. Dipal Kapadia
PENN HOSA, Inc. State Advisor Alison Sprankle
PENN HOSA, Inc Board ChairDr. Lisa Greenawalt
PENN HOSA State Officer Coordinator Jaycee Dagney
PENN HOSA Assistant State Officer Coordinator Jason Bucher
PENN HOSA State Officer Governance Coordinator Marcus Henderson
PENN HOSA Events Assistants Coordinator Dr. Michaelina Greenawalt
PENN HOSA Symposia & Exhibitor Coordinator. Billy Sprankle
PENN HOSA Headquarters Staff Denise McGaughran,
Maureen Longenecker, Kelly Ruth
Judge Coordinator. Abbey Fisher
Scenario Coordinator. Cynthia Midgett

**PENNSYLVANIA HOSA
FUTURE HEALTH PROFESSIONALS
EXECUTIVE COUNCIL 2025-2026**



COMPETITIVE EVENTS LEADERSHIP COMMITTEE (CELC)

- Competitive Event Coordinator . . . Alice Bowers, *Reading-Muhlenberg CTC*
Emergency Preparedness Events . . . Kelly Barber,
Dauphin County Technical School
Health Professions Events . . . Jonell Kiechel,
Lehigh Career & Technical Institute
Health Science Events . . . Lori Mattis, *Lebanon County CTC*
Leadership Events . . . Heather Zornek,
Western Montgomery Career & Technical Center
Teamwork Events . . . Diann Stoume,
Delaware County Technical High School



PENNSYLVANIA DEPARTMENT OF EDUCATION BUREAU OF CAREER AND TECHNICAL EDUCATION

Judd Pittman – Director

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If you have any questions on the above policy, you should contact the Equal Employment Opportunity Manager, Department of Education, 333 Market St, Harrisburg, PA 17126, Voice Telephone: (717)787-1953, TTY (717)783-8445, Fax: (717)783-9348. For questions about accommodations for persons with disabilities, contact the ADA Coordinator, Department of Education at the same address, Voice Telephone: (717)783-9791, Fax: (717)772-2317

WELCOME TO PENN HOSA'S 47th ANNUAL STATE LEADERSHIP CONFERENCE



CHAMPIONS OF CHANGE!

For PENNHOSA Inc., the program of work for the 2025-26 school years is a true reflection of change. Together, State Advisor, Alison Sprankle and Executive Director, Dr. Dipal Kapadia, are modeling the HOSA 2026 theme, "Champions of Change!" With a new venue, The Hershey Lodge, an all-time high affiliation of more than 5,800 members and a record number of competitors – WOW! – PENN HOSA is transforming your State Leadership Conference. We are so excited to welcome you to Hershey, Pennsylvania.

In May 1979, a group of health occupations teachers, state staff members, teacher educators, and executives from the National HOSA staff created a Pennsylvania chapter as it began its affiliation with the National HOSA organization. This group created the State Constitution and Bylaws for PENN HOSA and was awarded its national charter for HOSA at the National HOSA Convention in June 1979.

PENN HOSA began with five chartered chapters including:

- Berks County AVTS, East (now the Berks Career & Technology Center - East Campus)
- Franklin County AVTS (now the Franklin County Career & Technology Center)
- Westmoreland Community College
- Willow Street - Lancaster (now the Lancaster County Career & Technology Center)
- York County AVTS (now the York County School of Technology)

Each year, PENN HOSA members gather from every corner of the state for three days of competition, professional development, and fellowship. It is my honor to welcome more than 2,000 students, advisors, health industry leaders and professionals, judges, mentors, parents, and guests to the 47th annual PENN HOSA State Leadership Conference.

I'm pleased to announce this year's event is our largest group ever to gather for our annual conference. To support our purpose of preparing Pennsylvania's future health professionals and to plan for our increased membership, PENN HOSA reached out to the business community and organizations inviting them to become a PENN HOSA partner. This networking resulted in an increased number of vendors and exhibitors, and added industry sponsorships to enhance our conference experience.

The support from our health care community inspires me to celebrate how Pennsylvania continues to support our future health professionals. I'm so thankful for PENN HOSA Executive Director Dipal Kapadia and our State Advisor, Alison Sprankle, their team, my fellow board members, our chapter advisors, our state officers and so many others who worked tirelessly to make this a wonderful conference with long-lasting inspiration and opportunity.

As you reflect on this year's HOSA theme – Champions of Change! – consider your impact on the future of the healthcare industry and PENN HOSA. Your experiences today build leadership and inspiration for tomorrow. Expand your goals, reach for excellence, and serve whenever possible. It is through these efforts that our collective strength and community-driven progress embodies our theme, Champions of Change!

Lisa Greenawalt

Lisa Greenawalt, Ed.D.

Dr. Greenawalt serves as the Chair of the PENN HOSA, Inc. Board of Directors and is the Executive Director at Lehigh Career & Technical Institute

KEYNOTE SPEAKER OPENING SESSION

Melissa Rice, M.Ed, Ph.D.

Assistant Professor, Communication Internship Program Director

Advisor: NSLS, CogWell, IU For the Kids Arts, Language & Letters Department Faculty Center #36

When Change Begins Within



Melissa Rice, M.Ed, Ph.D. is a professional public speaker and author to *The Worry Shark* and *The People You Meet in Real Life*. Melissa also serves as the Director of Programming for the national non-profit mental health organization, CogWell, which involves training development, event planning, social media marketing, fundraising, website development, and public relations interests. She is the co-founder of the FRSP First Responders and Military Personnel Mental Wellness Symposium in Philadelphia, which was co-sponsored by the Philadelphia 76ers, the National Fraternal Order of Police, the Philadelphia Police and Fire Departments, the National Alliance on Mental Health, among other non-profit organizations. Melissa was the keynote speaker at the Tactical Pause Day for over 400 Airmen at Joint Base McGuire. She has also appeared on several radio and television programs including Fox, CBS, KYW, the CW, NBC, 9.25 XTU, 1210 WPHT and Q102.

GUEST PRESENTER

Jason Plotkin, Photojournalist at Penn State Health



Finding your origin story: How today's adventures lead to tomorrow's team-ups.

Jason Plotkin has been a visual story-teller in Central Pennsylvania for the past thirty years.

From covering Penn State football, fires and farm shows for newspapers in York to his current role as the Penn State Health photographer — Jason applies his passion and compassion to tell the inspirational stories of both staff and patients throughout the health system.



GREETINGS FROM PENN HOSA EXECUTIVE COUNCIL



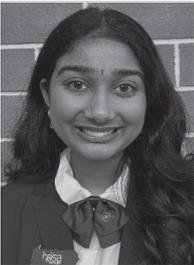
Hey PENN HOSA! My name is Madison Johnson, and I'm a senior at Western Montgomery Career and Technology Center. I'm excited to serve as your 2025- 2026 PENN HOSA state President. In the future I aspire to pursue physical therapy, and in my free time I love going to the beach, hanging out with friends, and working out.

Madison Johnson, *PENN HOSA President*
Western Montgomery Career & Technology Center
Advisor: Heather Zornek



Hey PENN HOSA! My name is Vidhur Varada. I am a senior at Downtontown East High School and I am your current State Vice President. In the future I want to pursue being a thoracic surgeon. In my free time I enjoy looking through new Pokémon packs, going to the gym, and playing video games.

Vidhur Vorada, *PENN HOSA Vice President*
Downtontown East High School
Advisor: Andrew Le



Hi PENN HOSA, I am Havisha Kalpatthi, and I'm so excited to serve as your Western Region Vice President this year! I plan to pursue a career as a physician-scientist and hope to continue serving my community throughout my life. In my free time, I love to sing, dance, and you'll always find me reading a good book! I am extremely excited to interact with you all!

Havisha Kalpatthi,
PENN HOSA Western Region Vice President
North Allegheny Senior High School
Advisor: Robyn Allen



Hey PENN HOSA, I'm Garjuyen "Denzel" Johnson, your Central Region VP. I'm a Senior at York County School of Technology and a proud member of NHS, NTHS, and the Student Ambassador program. I aspire to obtain a PHD in neuroscience where I will specialize in behavioral research. Outside of academics, I'm a tri-sport athlete and I'm into fashion as well as poetry.

Garjuyen Johnson

PENN HOSA Central Region Vice President
York County School of Technology
Advisor: Denise Hawkins



Hi there, PENN HOSA! I'm Diya Gowda, and I'm so excited to serve as your 2025-2026 Eastern Region Vice President. I'm a junior at Central Bucks High School South, interested in pre-med and exploring fields like psychiatry to combine my love of medicine with my love for people. I adore late nights listening to music and finding new trinkets to add to my cork board. HOSA has given me a community and countless opportunities, and I'm excited to continue my journey and grow with you all this year!

Diya Gowda, *PENN HOSA Eastern Region Vice President*
Central Bucks High School South
Advisor: Jason Bucher



Hello PENN HOSA! My name is Barsha Khadka, and I am a rising senior at Dauphin County Technical high school. I am so excited and thrilled to serve as your secretary for this year!! In the future, I plan on pursuing medicine and possibly becoming a dermatologist. Outside of school and Hosa, I like to travel, dance, listen to music, spend time with my loved ones, and try new foods.

Barsha Khadka, *PENN HOSA Secretary*
Dauphin County Technical School
Advisor: Kelly Barber



Hey PENN HOSA! I'm Kanakvi Pulekar, a senior at Downingtown STEM Academy. I am so excited to serve as your Historian this year! In the future, I plan on going the pre-med track to become a physician and possibly specialize in pediatrics. In my free time, I love going to the beach, spending time with my friends, and playing tennis. I've made so many incredible memories at HOSA and I am so grateful to give back to this organization!

Kanakvi Pulekar, *PENN HOSA Historian*
Downingtown STEM Academy
Advisor: Alison Sprinkle

Have a Great Conference Everyone!

Your 2025-2026 PENN HOSA State Executive Council

LEADERSHIP

As a member of HOSA-Future Health Professionals you are a leader, whether you think you are or not. Some students will not even consider leadership for many believe to be a leader you must have a title after you name, or a person must be a superhero. Not all leadership is about heroics. Many times, leadership is hidden. It is found in the gentle word of encouragement, the helping of another, the steering of a conversation, a suggestion, or small service. These are tasks that we can all fulfill, and thus any student should give serious consideration to leadership in some form or other. There are some who think heroes are formed only in extremely challenging situations, yet there are heroes who live lives of quiet service and whose achievements are build up over a lifetime. A leader is not always someone with an impressive badge or title, significant responsibilities, and an invitation to work with those in power. A leader need not even be someone with rank, power, or position. Quite simply, a leader is someone who someone else is following. This means as a member of HOSA, you are a leader! If your words direct and your actions inspire, you are leading. If you cause another to follow your example, or to follow your direction, you are leading. Throughout life you will find that the most effective leaders are those who guide, steer, and direct others without them necessarily being aware of it. Congratulations to all our student leaders!

PROGRAM

Conference Information can be found by scanning QR codes on posters posted throughout hotel and venue, and on Instagram @PENN_HOSA & Facebook @PENNHOSA

PENN HOSA HEADQUARTERS is located in the PA Suite
Staff – Denise McGaughran, Maureen Longenecker, and Kelly Ruth

Hours

Wednesday, 3/11/26 | 10:00-5:00 & 8:30-10:00 Thursday, 3/12/26 | 7:00-5:00 & 8:30-10:00

WEDNESDAY, March 11, 2026

UPON AVAILABILITY	Hotel Check-In	HOTEL REGISTRATION DESK
11:00-2:00	CONFERENCE REGISTRATION	COCOA BALLROOM
11:00-5:00	PENN HOSA STORE -- (Cash Only)	GREAT LOBBY REGISTRATION DESK
11:00-5:00	Penn State Health Career Fair	GREAT LOBBY
1:00--	ROUND 1 TESTING Begins <i>Report times will be posted</i>	TRINIDAD
	<i>Please have all students watch the Testing Orientation Video & read the Testing Instructions Link available 3/1 on pahosa.org.</i>	
1:30-2:00	EVENT ASSISTANT ORIENTATION <i>All Event Assistants MUST attend</i>	WILD ROSE (HOSA/CHAPTER SPIRIT WEAR OR HOSA UNIFORM)
1:45-2:00	ADVISOR'S RECEPTION	COCOA BALLROOM
2:00-3:30	PENN HOSA Special Session <i>Open to all attendees not involved in other activities)</i>	GREAT AMERICAN HALL
	FINDING YOUR ORIGIN STORY: How Today's Adventures Lead to Tomorrow's Team-Ups Presented by Jason Plotkin, Penn State Health Photojournalist (CHAPTER SPIRIT WEAR OR HOSA UNIFORM)	
2:00-2:15	REGIONAL ADVISOR'S NETWORKING	COCOA BALLROOM
2:15-3:00	PENN HOSA, Inc CORPORATE MEETING <i>ALL Advisors & Chaperones MUST attend</i>	COCOA BALLROOM
2:30-4:00	HOUSE of DELEGATES' ORIENTATION & STATE OFFICER CANDIDATES' SCREENING NOMINATING COMMITTEE	CRYSTAL A
	<i>All Voting Delegates & Alternate Delegates MUST Attend. . . (HOSA UNIFORM)</i>	
3:00-3:45	EVENT MANAGER'S CATEGORY ORIENTATIONS No EM Orientation for Health Science Events Health Professions	COCOA BALLROOM
	Emergency Preparedness.	COCOA 6
	Leadership Events & Medical Spelling	COCOA BOARDROOM
	Teamwork	COCOA TERRACE
4:00-4:30	PARADE OF CHAPTERS PRACTICE.	GREAT AMERICAN HALL
	<i>HOSA Members carrying their Chapter Flag MUST attend. . . (HOSA UNIFORM)</i>	

- 4:45-5:30 **DINNER BUFFET**—Green Team CHOCOLATE BALLROOM
- 5:30-6:15 **DINNER BUFFET**—Orange Team CHOCOLATE BALLROOM
- 6:15-7:00 **DINNER BUFFET**—Blue Team CHOCOLATE BALLROOM

(HOSA/CHAPTER SPIRIT WEAR OR HOSA UNIFORM REQUIRED TO ENTER DINNER.)

- 7:15-8:30 **OPENING SESSION – (HOSA UNIFORM REQUIRED) ...GREAT AMERICAN HALL**
 - Introduction of State Executive Council
 - Parade of Chapters
 - Special Guests. Dr. Lisa Greenawalt, PENN HOSA, Inc, Board Chair
 Dr. Dipal Kapadia, PENN HOSA Executive Director
 Alison Sprankle, PENN HOSA State Advisor
 - Recognition of Pin Design Contest Winner. MBIT—Hailey Sigler
 - Keynote Speaker. Dr. Melissa Rice, When Change Begins Within**
- 8:30-9:30 **Iftar** (*Sundown Meal for those observing Ramadan*) . . CHOCOLATE BALLROOM
*Members who registered for Ramadan Observation in their SLC
 Registration will be given GOLD Meal bracelets giving them access to
 special mealtimes. These members will receive access to the full buffet)*

NOTETIME
NEXT TO EVENT

COMPETITIVE EVENTS ORIENTATIONS

*All competitors must attend orientation and present a photo ID
 (SEE YOUR HOSA EVENT GUIDELINES FOR DRESS CODE)*

HEALTH PROFESSIONS EVENTS

- 9:00 Clinical Laboratory Science Cocoa 3
- 9:00 Clinical Specialty Tower 2
- 9:00 Dental Science Magnolia B
- 9:30 Home Health Aide Empire B
- 9:00 Medical Assisting Magnolia C
- 9:30 Nursing Assisting Magnolia B
- 9:00 Occupational Therapy Wild Rose B
- 9:30 Patient Care Tech Magnolia D
- 9:00 Personal Care Empire B
- 9:00 Pharmacy Science. Magnolia D
- 9:00 Phlebotomy. Magnolia A
- 9:00 Physical Therapy Empire C
- 9:00 Respiratory Therapy Cocoa 4
- 9:30 Sports Medicine Wild Rose B
- 9:30 Veterinary Science Magnolia A

EMERGENCY PREPAREDNESS EVENTS

- 9:00 Life Support Skills Empire D
- 9:30 CERT Skills. Empire D
- 9:30 CPR/First Aid, EMT, Mental Health Promotion,
 Public Health. Great American Hall

LEADERSHIP EVENTS

- 9:00 Extemporaneous Writing Cocoa 5
- 9:00 Health Career Photography, Healthy Living,
Interviewing Skills & Job Seeking Skills, Research Poster,
Prepared Speaking & Speaking Skills,
Researched Persuasive Writing & SpeakingGreat American Hall
- 9:00 Medical Spelling Cocoa Boardroom

TEAMWORK EVENTS

- 9:00 Biomedical Debate Cocoa 6
- 9:00 Community Awareness Cocoa 2
- 9:00 Creative Problem Solving Wild Rose A
- 9:00 Forensic Science Crystal A
- 9:00 Health Career Display & Medical Innovation Great American Hall Red
- 9:00 HOSA Bowl Cocoa Terrace
- 9:00 Health Education Empire A
- 9:30 Public Service Announcement Great American Hall

HEALTH SCIENCE EVENTS & Epidemiology

Report times will be posted.

Please Have all students watch the Testing Orientation Video & read the Testing Instructions available 3/1 on pahosa.org.

- 10:00-11:00 **ENTERTAINMENT HOUR** CHOCOLATE BALLROOM

“BINGO BASH” for Theme Baskets

BINGO CALLERS: Cynthia Midgett, MBIT & Denise McGaughran, CIT

BINGO BASH Helpers: ALL PENN HOSA Advisors & Chaperones

- 11:00-11:30 **PENN HOSA STATE EXECUTIVE COUNCIL MEETING** TBA

- 11:30 **CURFEW** *All students MUST be in their Assigned Rooms*



Congratulations

Middle Bucks Institute of Technology for winning the 2026 Pin Design Competition!



THURSDAY, March 12, 2026

5:00 AM	SUHOOR will be available for those observing Ramadan & wearing a Gold Bracelet	CHOCOLATE BALLROOM
6:00-9:00	BREAKFAST BUFFET	CHOCOLATE BALLROOM
7:15	<i>Event Managers Report to join Judges for Ramadan Registration & Breakfast</i>	TBD
7:30-8:00	EXHIBITORS' REGISTRATION	GREAT LOBBY
7:30-8:00	JUDGES REGISTRATION/BREAKFAST	TBD
7:45-8:00	HEALTH CAREER DISPLAY & MEDICAL INNOVATION SET-UP	GREAT AMERICAN HALL-RED
	<i>Competitors will dismantle displays from 4:15-4:45</i>	
8:00-9:00	JUDGES ORIENTATION	COMPETITIVE EVENT ROOMS
	<i>Event Managers, please find your judges in Breakfast area and walk with them to your event site to continue the orientation.</i>	
	<i>Presiding: Alice Bowers, CELC Coordinator, CELC Team, ALL Event Managers</i>	
9:00-3:00	ANATOMAGE CHALLENGE (By Appointment)	GREAT LOBBY
9:00-5:00	EXHIBITOR FAIR	GREAT & CONFECTION LOBBIES
	<i>Please visit all Exhibitor's booths & Complete BINGO Card and return to the PENN HOSA Store to receive a chance to win FABULOUS PRIZES!</i>	
9:00-5:00	PENN HOSA STORE -- (Cash Only)	GREAT LOBBY REGISTRATION DESK
9:00	COMPETITIVE EVENTS BEGIN	
	<i>**Only Competitors and Event Personnel are permitted to be in the hallway holding areas; we MUST keep areas quiet for competitors in competition. This will be enforced.</i>	
	HEALTH SCIENCE EVENTS TESTING BEGINS @ 9:00	
	Report times will be posted	TRINIDAD
	HEALTH PROFESSIONS EVENTS	
	Clinical Laboratory Science	Cocoa 3
	Clinical Specialty	Tower 2
	Dental Science	Magnolia B (1)
	Home Health Aide	Empire B
	Medical Assisting	Magnolia C
	Nursing Assisting	Magnolia D (2)
	Occupational Therapy	Wild Rose B (1)
	Patient Care Technician	Magnolia D (1)
	Personal Care	Empire B
	Pharmacy Science	Magnolia D (2)
	Phlebotomy	Magnolia A (1)
	Physical Therapy	Empire C
	Respiratory Therapy	Cocoa 4
	Sports Medicine	Wild Rose B (2)
	Veterinary Science	Magnolia A (2)

EMERGENCY PREPAREDNESS EVENTS

CERT Skills & Life Support Skills	Empire D
CPR/First Aid	Tower 4
EMT	Tower 1
Mental Health Promotion	Executive Suite-1611
Public Health	Tower 3

LEADERSHIP EVENTS

Extemporaneous Writing	Cocoa 5
Health Career Photography	Parlor Room 5828
Healthy Living	Parlor Room 5829
Interviewing Skills & Job Seeking Skills	Parlor Room 5834
Medical Spelling	Cocoa Boardroom
Prepared Speaking & Speaking Skills	Parlor Room 5835
Researched Persuasive Writing & Speaking	Parlor Room 5844
Research Poster	5845

TEAMWORK EVENTS

Biomedical Debate Prep	Cocoa 6
Debate	Cocoa 1
Community Awareness	Cocoa 2
Creative Problem Solving – Prep	Wild Rose A
Presentation	Confection Hall Office
Forensic Science	Crystal A
Health Career Display & Medical Innovation	Great American Hall Red
Health Education	Empire A
HOSA Bowl	Cocoa Terrace
Public Service Announcement	Executive Suite 2703

9:00-9:30

COMMITTEE MEETINGS GREAT AMERICAN HALL
(HOSA UNIFORM)

Voting Delegates & Alternate Delegates MUST ATTEND.

Open to ALL members & advisors

CEREMONIAL

CONSTITUTION & BYLAWS

LEADERSHIP SKILLS

PUBLIC RELATIONS-NEWS MEDIA

9:30-10:00

MEET OFFICER CANDIDATES GREAT AMERICAN HALL

Voting Delegates & Alternate Delegates MUST ATTEND

10:00-11:30

HOUSE OF DELEGATES

BUSINESS SESSION GREAT AMERICAN HALL

All Voting Delegates & Alternate Delegates MUST attend.

Open to observers (HOSA UNIFORM)

GUEST SPEAKER: Megan Lloren, HOSA International Postsecondary/
Collegiate Vice President

11:00-2:00

LUNCHEON BUFFET CHOCOLATE BALLROOM

Please allow all JUDGES to go to the front of the entrance line so they may return to their competitive events.

1:00-1:30

SYMPOSIUM PRESENTER REGISTRATION GREAT LOBBY

EDUCATIONAL SYMPOSIUMS

Symposia are for everyone unless otherwise noted.

"YOU ARE NOT ALONE: COCOA 2

A HOSA Advisor's Journey-Navigating Your Mental Health Amidst Challenging Healthcare Environments"

Presented by Dr. Ernie Powell, Berks East HOSA Advisor

This talk is about the mental health challenges that people working in tough healthcare jobs often overlook. Dr. Powell, who has gone through many ups and downs himself, honestly shares what it's like to handle stress, feeling exhausted, emotional tiredness, and the pressure of caring for others while dealing with personal struggles.

Using stories, reflections, and simple advice, this session shows how important it is to notice early signs of trouble, ask for help, and break the stigma around mental health at work. Attendees will learn that needing support doesn't mean they've failed – it means they are human. The goal is to help people take care of their mental health, speak up for themselves and others, and know they're not alone.

"STOP THE BLEED" CRYSTAL A

Presented by Mechele Swope, BSN, RN

ACS Stop the Bleed is a national program to empower, educate, and train the public on bleeding control techniques. Attendees will be taught how to respond safely to a bleeding emergency with 3 methods that will help control the bleeding and can save lives by preventing catastrophic blood loss.

Must have registered during SLC registration. You may wait outside the door to see if there is an opening. Only 50 allowed at each session.

"MENTAL HEALTH FIRST AID and SOS"..... COCOA TERRACE

Presented by Chloe Harper & Shantey Arzuaga *from NAMI*

The mental health challenges that people working in tough healthcare jobs is often overlooked. Dr. Powell, who has gone through many ups and downs himself, honestly shares what it's like to handle stress, feeling exhausted, emotional tiredness, and the pressure of caring for others while dealing with personal struggles. The goal is to help people take care of their mental health, speak up for themselves and others, and know they're not alone..

"GIFT OF LIFE" COCOA BOARDROOM

Presented by Jessica Will, *Gift of Life Ambassador*

This session will discuss the importance of organ donation, who if affects, who can donate, and why everyone should consider being an organ donor.

"SHOW IMPOSTER SYNDROME THE RED LIGHT"..... GREAT AMERICAN HALL

Presented by Jane Oeffner, PT, DPT, MBA, *Widener University*

This session will explain the signs of imposter syndrome, how it affects everyone, how to avoid it, and how leaders can help their teams.

"RED CROSS TIPS FOR SMOOTHER BLOOD DRIVES"..... COCOA 5

Presented by Red Cross Staff

"WHY CHOOSE OT" TOWER 2
Presented by Why Choose OT

"RESPIRATORY THERAPY DISCUSSION & DEMONSTRATION" COCOA 4
Presented by PA Society of Respiratory Care

"POSTSECONDARY/ COLLEGIATE FIRESIDE CHAT" HOTEL LOBBY FIREPLACE
Facilitated by Megan Lloren, *HOSA International Postsecondary/ Collegiate Vice President*
This session is for PS/C members only. Please join Megan for networking and discussion regarding the growth and future of PENN HOSA's PS/C division!

3:30-4:30 **COMPETITIVE EVENTS**
PROJECT DISPLAYS GREAT AMERICAN HALL-RED

Community Awareness, Health Education, Healthy Lifestyle, HOSA Happenings, Health Career Photography, Public Service Announcement, Researched Health Posters, Health Career Displays, and Medical Innovation

4:45-5:30 **DINNER BUFFET**—BLUE Team CHOCOLATE BALLROOM

5:30-6:15 **DINNER BUFFET**—ORANGE Team CHOCOLATE BALLROOM

6:15-7:00 **DINNER BUFFET**—GREEN Team CHOCOLATE BALLROOM

7:15-8:30 **PENN HOSA 100 Advisory Council Meeting and Dinner** COCOA 3/4
By invitation only

7:15-8:30 **RECOGNITION SESSION** GREAT AMERICAN HALL

Introduction of State Officers
GREETINGS from Megan Lloren,
HOSA International Postsecondary/Collegiate Vice President
Penn HOSA Foundation Scholarship Announcements
Dr. Linda Rhodes, *Penn HOSA Foundation Board Chair*
Recognition of Chapters contributing to Penn HOSA Foundation
Presentation of New Charters
Recognition of Individual & Chapter Achievements
Installation of Newly-elected
2026-2027 PENN HOSA State Executive Council

8:30-9:30 **Iftar** will be available for those observing Ramadan & wearing a Gold Bracelet CHOCOLATE BALLROOM

8:30 **PENN HOSA EXECUTIVE COUNCIL MEETING** . . GREAT AMERICAN HALL
Newly Elected & Current State Officers with their Advisors

9:30-11:30

PENN HOSA EXTRAVANGANZA!

(HOSA APPAREL — Ready to be active! If attire is too revealing you will be asked to change. Midriffs must be covered. Shorts must reach fingertips)

KARAOKE ROOM – Abraham Lincoln HS MAGNOLIA
CORNHOLE TOURNAMENT – WMCTC CRYSTAL A
LARGE BOARD GAMES – JP McCaskey CHOCOLATE BALLROOM
JUST DANCE – Delaware County Technical School EMPIRE
COLORING ROOM – BCTC-WEST TRINIDAD
OTHER SURPRISES FROM PENN HOSA –

TBA. COCOA BALLROOM & COCOA TERRACE and SUITE

11:30

CURFEW *All students MUST be in their assigned rooms*

FRIDAY, March 13, 2026

5:00 AM

SUHOOR will be available for those observing Ramadan
& wearing a Gold Bracelet CHOCOLATE BALLROOM

6:00-8:30

BREAKFAST BUFFET CHOCOLATE BALLROOM

7:00-8:30

ALUMNI BREAKFAST EMPIRE ABCD

Ensure your ALUMNI Ribbon is displayed on your nametag for this special breakfast to welcome you as a PENN HOSA Alumni!

7:00-8:30

PENN HOSA EXECUTIVE COUNCIL BREAKFAST COCOA 4/5

State Officers & their Advisors
Newly Elected Officers & their Advisors

9:00-11:00

GRAND AWARDS SESSION GREAT AMERICAN BALLROOM

Introduction of Officers
Awards Recognition 1st, 2nd, & 3rd Place Winners
Awards Presentation PENN HOSA State Executive Council
Prepared Speech First Place Winner
Presentation of Gavel to Newly Elected
2026-2027 PENN HOSA President _____
Adjournment of Conference Newly Elected 2026-2027
PENN HOSA President

11:00am

CHECK-OUT *Have a safe trip home!*

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DATES TO REMEMBER

2026 HOSA INTERNATIONAL LEADERSHIP CONFERENCE 50th Annual CELEBRATION!

Indianapolis Convention Center

Indianapolis, IN

June 17-20, 2026

More About ILC Registration Coming SOON!

FUTURE PENN HOSA STATE LEADERSHIP CONFERENCES

48th SLC April 14-16, 2027

49th SLC March 29-31, 2028

**WHERE WILL WE CELEBRATE
50 YEARS OF PENN HOSA?
STAY TUNED!**

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RECOGNITION

FIRST TEN CHAPTERS TO AFFILIATE MEMBERSHIP

1st Place	Clarion County Career Center AM & PM
2nd Place	SUN Area Technical Institute
3rd Place	Lower Merion High School
4th Place	Oley Valley High School
5th Place	Lebanon County CTC-Universal Caregivers
6th Place	Carbon County Technical Institute HOSA Hornets
7th Place	Berks West-Early Birds
8th Place	Randolph Academy Fire Science
9th Place	Berks West Night Owls
10th Place	Berks West Care Crew

Penn HOSA FOUNDATION BOARD

The Penn HOSA Foundation Board was established in 1997. The function of this Board is to raise funds for scholarships that are awarded annually to eligible PENN HOSA-Future Health Professionals student members pursuing a health care profession.

Dr. Linda Rhodes	Committee Chair
G. Michael Leader	Committee Treasurer
Sharon R. Ryan	Committee Member
Torrie L Snyder, BSN, MSN, Ph.D.	Committee Member
Dr. Tamera Humbert.	Committee Member
Annette Kilpatrick.	Committee Member
Kristin Funk Maguire	Committee Member

HOSA SLC EVENT MANAGERS 2026

PENN HOSA-Future Health Professionals wish to thank each and every advisor who is serving as an Event Manager for this conference. Your assistance keeps PENN HOSA a quality Career and Technical Student Organization.

EMERGENCY PREPAREDNESS EVENTS —

CELC: Kelly Barber | Assistant: Denise Hawkins

CERT Skills	Izzie Mitsch/Eual Phillips
CPR/First Aid	Karin Wallace/Kelsie Hess
EMT	Noel Pumo/Patricia (Kelly)Elders
Life Support Skills	Donna McClain
Mental Health Promotions	Ian Killen
Public Health	Jason Porterfield

HEALTH PROFESSIONS EVENTS — *CELC: Jonell Kiechel | Assistant: Jena Harris*

Clinical Lab Science	Robyn Allen/David Beck
Clinical Specialty	Sherry Appleton/Cole Bowman
Dental Science	Michele Foland/ Monica Rauenzahn
Home Health Aide	Monique Adkins/Shannon Smith
Medical Assisting	Beth Kier
Nursing Assisting	Kathy Lauver/Barbara Snyder
Occupational Therapy	Scott Stein/Nicole Todd
Patient Care Technician	Ewa Galus/James Hausman
Personal Care	Jeniffer Kastronis/Garret Gianni
Pharmacy Science	Amy Weber
Phlebotomy	Rebecca Park
Physical Therapy	Julie Nestor/Andrew Le
Respiratory Therapy	Janessa Herman/Megan Trump
Sports Medicine	Jonathan Raymond
Veterinary Science	George Weber

HEALTH SCIENCE EVENTS Written Testing —

CELC: Lori Mattis | Assistant: Kelly Nitka

Samantha Brinkman | Miriam Carson | Lisa Cassidy-Lawler | Cindy Corrado
Lt. Giovanni Crooks | Suzi Drake | Diane Ensley | Nathan Freed | Beth Garrett
Ernest Hadrick | April Hoyrup | Roxanne Kaiser-Antonowich | John Karb
Patricia King | Laure Kuszyk | Alicia Petruska | Kassy Reilly | Hannah Seyfert-Newell
Christina Toto | Heather Ward | Rachel Waters | Susan Woolf | Donna Zingani

LEADERSHIP EVENTS — *CELC: Heather Zornek | Assistant: Jason Moll*

Extemporaneous Writing-Health Policy	Jessica Heckman
Health Career Photography	Alexa Breslin
Job Seeking/Interviewing Skills	Katie Lumley
Prepared Speaking	Jamie Myers
Research Persuasive Writing & Speaking/ Speaking Skills	MaryLou Kelly/Donald Heptner
Research Poster	Kristin Shumway
Medical Spelling	Colleen Orr
Health Living	Erin Romberger

TEAMWORK EVENTS — *CELC: Diann Stoume | Assistant: Christina Dickinson*

Biomedical Debate	Marnie Black/Jason Jarinko
Community Awareness	Kyle Shireman/Shareesa Frink
Creative Problem Solving	Kaylee Moser/Reem Nammour
Forensic Science	Robin Harvey/Maureen Kubicek
Health Career Display	Rita McGarry/Christina Logan
Health Education	Barbar Snyder/Nilsa Graciani
HOSA Bowl	Sarah Connolly-Smith/Susan Miller
Medical Innovation	Corale Bortz/Staci Barbone
Public Service Announcement	Jennifer Maryniak/Jessica Tkacs

2026 PENN HOSA SLC SPONSORS



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Red Cross**

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Shawn Reynolds
shawn.reynolds@redcross.org

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Citizens[™]

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Chris Corrato
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Country Meadows Retirement Community
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eMedical Prep | emedicalprep.org
Leah Medwig
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Hospice & Community Care
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Lackawanna College | www.lackawanna.edu
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LeadingAge[®] PA

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Dustin Cassell
dcassell@lecom.edu



Millersville University,
College of Science and Technology
www.millersville.edu/scienceandmath
Marc Harris | Marc.Harris@millersville.edu



Nightingale College | www.nightingale.edu
Jennifer Sumner
jsumner@nightingale.edu



**Pennsylvania
College of Technology**
A Penn State Affiliate

Pennsylvania College of Technology
www.pct.edu
Valerie Myers | www.pct.edu



Pennsylvania Dental Association
www.padental.org
Marisa Swarney | mss@padental.org



Pennsylvania Health
Information Management Association
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Linda McLinden | lmclinden@phima.org



Pennsylvania Society for Respiratory Care
www.psrc.net



PennState Health

Penn State Health
<http://pennstatehealth.org>
talentacquisition@pennstatehealth.psu.edu



South College | www.south.edu
Brad Rogers
wrogers2@south.edu



**Barnett College
of Public Health**

Temple University Barnett College of Public Health
cph.temple.edu
Caitlyn Moynahan
Caitlyn.moynahan@temple.edu



**Thomas Jefferson
University**

Thomas Jefferson University | www.jefferson.edu
Lauren Deibler
Lauren.Deibler@jeffreson.edu



U.S. Army Cadet Command (Army ROTC)
<https://armyrotc.army.mil/>
MAJ Rachel Shanks | Rachel.v.shanks.mil@army.mil



**University of
Pittsburgh**

The University of Pittsburgh
Pharmacy.Pitt.edu
Douglas Slain | DOS@Pitt.edu



Why Choose OT
www.whychooseot.com
Angela Macauley | am@nbcot.org



**Widener
University**

Widener University | widener.edu
Jane Oeffner
jkoeffner@widener.edu

COMPETITIVE EVENT JUDGES

(List compiled as of February 13, 2026)

Kurt Adam	Nadine Harbove	Michelle Reddy
Florence Batten	Christina Herman	Jason Reynolds
Kathy Bello	Tina Hess	Karsten Roberts
Jaime Benedict	Molly Houseal	Danielle Selert
Mary Ann Bertucio	Jennifer Johnson	Samuel Shaw
Bernadette Billedda	Kari Juliano	Aimee Shelton
Danette Blank	Olivia Juliano	Doug Slain
Patricia (Pat) Bricker	Dr. Dipal Kapadia	Nicole Smith
Melanie Brock	Kathy Kissinger	Ella Sprinkle
Amy Brooks	Laura Kline	Stevi Sprenkle
April Butchki	Stacie Knehr Kutz	Julian Staub
Leslie Calabrese	Justin Koller	Dr. Mike Stauffer
Shannon Childs	Kayla Koller	Torian Stinnette
Megan Clark	Michael Link	Lisa Stoltz
Christine Corser	Lori Malkin Ehrlich	Jessica Stratford
Jeanne Coviello	Heather Mariotti	Buck Stuckey
Wendy Crecelius	Alex Miller	Stephanie Sullivan
Shannon Dalessio	Meredith Mills	Kimberly Tanish
Trish Delong	Jefferson Mixell	Heidi Taverna
Hope Devore	Christie Mory	Luann Thomas
Leanne Ditaranto	Joe Myers	Melanie Thorne
Michele Dominic	Karen Narkevic Rhodes	Olga Torres
Bradley Entrekin	Jennifer Neiman	Felicia Trupp
Missy Focht	Stephanie Nolan	Ashley Tuma
Mindy Friedin-Mansfield	Dariel Nunez	Tom Vought
Chris Gartman	Bridget O'Brien	Ruth Ellen Wallick
Christine Gluvna	Dr. Rachel Ogden	Dr. Gerald Witmer
Dr. Lisa Greenawalt	Kaitlyn Olson	Crystal Yunginger
Dr. Beth Ann Hess	Leslie Petroff	Matthew Zampetti
	Lydia Primich	

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**Penn HOSA would like to extend a heartfelt
thank you to our Competitive Event Judges.**

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PAST PENN HOSA PRESIDENTS

1979–80	Franklin County AVTS	Monica Ritchey
1980–81	York County AVTS	Sandra Yost
1981–82	A.P. Randolph Skill Center	Martin Kazarawicz
1982–83	Monroe County AVTS	Gina Baxter
1983–84	A.P. Randolph Skill Center	Ricardo Baxter
1984–85	Cumberland-Perry AVTS	Tina Marie DiGiovanni
1985–86	Berks CTC-East Center	Michelle Williams
1986–87	Berks CTC-East Center	Christine Eckenroth
1987–88	Berks CTC-East Center	Lori Bailey
1988–89	Western Center for Tech. Studies	Michelle Jennings
1989–90	Berks CTC-East Center	Kelly S. Keller
1990–91	South V-T High School	Matthew Setner
1991–92	Franklin Learning Center	Joseph Mundy
1992–93	Central Center for Tech. Studies	Christine Dippolito
1993–94	North Montco Tech. Career Center	Jessica A. Mattera
1994–95	York County AVTS	Alison Falck
1995–96	Columbia-Montour AVTS	Jason Reynolds
1996–97	Lawrence County AVTS	Anna Burrelli
1997–98	Berks CTC-West Center	Timothy Wert
1998–99	Monroe County AVTS	Tracy Mattia
1999–2000	Columbia-Montour AVTS	Joann Lepore
2000–01	Middle Bucks Institute of Technology	Nili Goldberg
2001–02	Middle Bucks Institute of Technology	Nili Goldberg
2002–03	Columbia-Montour AVTS	Mallory Hack
2003–04	Middle Bucks Institute of Technology	Edward R. Callahan III
2004–05	Middle Bucks Institute of Technology	Mark J. Roberts
2005–06	Monroe Career & Technical Institute	Renee Harrison
2006–07	Lehigh Career & Technical Institute	Alyssa Kistler
2007–08	Bucks County Technical High School	Shivali Patel
2008–09	Lehigh Career & Technical Institute	Mindra Perez
2009–10	Delaware County Technical HS-Folcroft	Rebecca Hulsey
2010–11	Monroe Career & Technical Institute	Al-Tariq Hill
2011–12	Monroe Career & Technical Institute	Duncan Rodriguez
2012–13	Franklin Learning Center	Marcus Henderson
2013–14	Monroe Career & Technical Institute	Miah Brooks
2014–15	Archbishop Wood High School	Christopher Quaglia
2015–16	North Allegheny Intermediate High School	Keerthana Samanthapudi
2016–17	Berks Career & Technology Center-East	Christina Rudderow
2017–18	TCHS-Pickering Campus	Amanda Dlugaszewski
2018–19	TCHS-Pickering Campus	Itzel De Leon
2019–20	Berks Career & Technology Center-West	Jenna Cesar
2020–21	Lebanon County Career & Technology Center	Brook Bartal
2021–22	North Allegheny Intermediate High School	Alina Zaidi
2022–23	Central Montco Technical High School	Molly Houseal
2023–24	Downingtown STEM Academy	Deepshika Varma
2024–25	B. Reed Henderson High School	Nethra Ramesh

2025–2026 PENN HOSA, Inc. BOARD of DIRECTORS

Dr. Dipal Kapadia	Executive Director
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Dr. Lisa Greenawalt	Executive Director, Lehigh Career & Technical Institute, CHAIR
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Alina Zaidi	2021-2022 PENN HOSA Executive Council President ALUMNI REPRESENTATIVE
Olga Torres	Retired HOSA Advisor, Philadelphia School District, RETIRED LOCAL ADVISOR
Madison Johnson	Student, Western Montgomery Career & Technology Center, PENN HOSA STATE PRESIDENT
Mindy Friedin-Mansfield	Pennsylvania Department of Education PROGRAM SPECIALIST
Open Position	NORTHWEST REGION REPRESENTATIVE
Open Position	SOUTHWEST REGION REPRESENTATIVE
Open Position	NORTHCENTRAL REGION REPRESENTATIVE

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Rosemarie Dunkelberger | Helen Heidelbaugh | Helen Swaincott

**PAST CHAIRPERSONS OF THE PENN HOSA, Inc.
BOARD OF DIRECTORS**

Pennsylvania Health Occupations Students of America was founded in 1979. PENN HOSA, Inc was not incorporated until 1986. The following served as Chairpersons of the Board of Directors from the date of incorporation:

1986–87	Helen K. Swaincott
1987–88	Rosemarie Dunkleberger
1988–89	Kathleen Bello
1989–90	Beverly Richards
1990–91	Kathleen Bello
1991–92	Carolyn Jones
1992–93	Helen Heidlebaugh
1993–96	Dolores Pfeffly
1996–97	Dolores Homan
1997–98	Kathy Catalano
1998–99	Laurel Archey
1999–2000	Theresa Thorpe/Judi Caruso
2000–03	Judi Caruso
2003–12	Gerard L. Cunningham
2012–2017	Kathleen Bello

ALUMNI ATTENDANCE

A number of our alumni not only are in attendance at this conference, but have served as judges, facilitators, event assistants, and patients.

WE THANK YOU!

PENN HOSA-Future Health Professionals
is extremely honored to have you with us and appreciates
your support and your dedication.

SITE MAP

Main Level

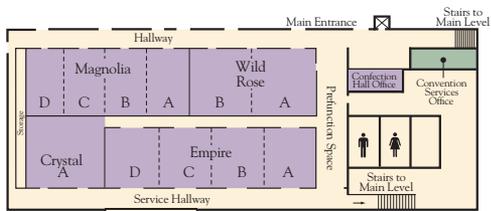
Key

- Great American Hall
- Cocoa Corridor
- Chocolate Ballroom
- Confection Hall
- Tower Suites

- Offices
- Restaurants
- Prefunction Areas
- Guest Registration and Lobby
- Wall Dividers



Confection Hall





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